



East Region August Activity Planner

We can't wait to fill your July with smiles and fun! Check out our jam-packed activity schedule for the month and make a booking today to get the support you need.

*** Highlighted activities are planned activities**

Planned activities are typically scheduled in advance and involve preparation to ensure maximum participation. Join this activity if you would like to engage with other What Ability participants and their support workers for social interaction, learning, recreation, or developing your skills.

MON	TUE	WED	THU	FRI	SAT	SUN
<p>Please remember, every day's activity is up to you! These are suggested activities for the day and we encourage you to talk</p>			<p>Aug 1st Caversham Wildlife Park</p> <ul style="list-style-type: none"> Open from 9am - 4:30pm Prices from \$15.00 child and \$34.00 adults (Companion Card Accepted) Enjoy cuddling your favourite furry animals and even a ride on the tram! 	<p>Aug 2nd 4WD Day @ Wilbinga - Two Rocks</p> <ul style="list-style-type: none"> Starting at 11am Enjoy a fun-filled day on the tracks. 	<p>Aug 3rd Indoor Soccer @ Cannington Leisureplex</p> <ul style="list-style-type: none"> 9:00am – 11:00am \$5.00 entry fee WADSA group 	<p>Aug 4th What Ability Day @ WA Athletics Stadium</p> <ul style="list-style-type: none"> 10am-12pm Come along to hang out with your friends, play alongside our What Ability Athletes in our activity zone and meet our key What Ability Support Workers. FREE event
<p>Aug 5th STRIKE Bowling Carousel</p> <ul style="list-style-type: none"> Open from 10am - 10pm \$10.00 for 1 game (Companion Card Accepted) Carousel Strike Bowling 	<p>Aug 6th Paint n' Sip @ Kings Park</p> <ul style="list-style-type: none"> Meet at 11am \$35pp All art equipment included by Canvas by Candlelight, charcuterie boards, snacks, & non alcoholic drinks also included BYO chairs 	<p>Aug 7th All Abilities Dance Class</p> <ul style="list-style-type: none"> 10:30 - 11:30 am \$17.00 per session Cannington Leisureplex Come build your confidence and enjoy some dancing fun! 	<p>Aug 8th Fit 4 All @ Cannington Leisureplex</p> <ul style="list-style-type: none"> The program is designed to improve fitness, strength, balance, and coordination. 11:15am-11:45am \$6.50 entry fee 	<p>Aug 9th Friday Night Bingo Cannington</p> <ul style="list-style-type: none"> 7pm arrival, for 7:30 start 10pm finish Bingo books \$4, Raffle prices ranging from \$1-\$4 Small canteen available for soft drinks, chocolates and chips. Participants welcomed BYO food. Prizes to be won! 	<p>Aug 10th AFL Fremantle v Geelong @ Optus Stadium</p> <ul style="list-style-type: none"> 2:35pm bounce time Tickets available on Ticketmaster.com Prices starting from \$45 (Companion Card Accepted) 	<p>Aug 11th Araluen Botanic Park Roleystone</p> <ul style="list-style-type: none"> Open from 9am-5pm \$15 for Companion Card Deal (2 for 1) Roses, Tulips, Hydrangeas, autumn colour and internationally recognised Camellias can be found among the gardens
<p>Aug 12th Bounce Cannington</p> <ul style="list-style-type: none"> Open from 9am - 7pm \$21.50 for one hour including bounce socks (Companion Card Accepted) Food facilities provided if needed 	<p>Aug 13th Lumbar Punks Axe Throwing</p> <ul style="list-style-type: none"> Meet at 11am \$50 (Companion Card Accepted) 1.5hr session including training and game time 18+ event only 	<p>Aug 14th Swan Valley Cuddly Farm</p> <ul style="list-style-type: none"> Open 9:30am - 4pm \$16.50 concession (Companion Card Accepted) Get the opportunity to experience the joy of getting 'close and personal' with lots of friendly farmyard animals 	<p>Aug 15th Dungeons and Dragons</p> <ul style="list-style-type: none"> Starting a group for a regular DND session! Central location so everyone can join! Grab lunch as a group afterwards! 	<p>Aug 16th Perth Disability Connections Expo</p> <ul style="list-style-type: none"> Opened from 10am - 4pm Entertainment zones providing art therapy, exercise and dance classes, hair braiding, balloon artists, face painters and jumping castles - loads of fun to be had! 	<p>Aug 17th Wallabies v Springboks 2024 Rugby Championship</p> <ul style="list-style-type: none"> 5:45pm start Tickets available on Ticketmaster.com Prices starting from \$39.90 concession (Companion Card Accepted) 	<p>Aug 18th Morley Rollerdrome</p> <ul style="list-style-type: none"> Open from 10am - 3:30pm \$15 for 1.5hr (all entry includes skate hire) Come and learn how to roller skate like a pro!
<p>Aug 19th 4WD Day @ Gnarara Off-road Area</p> <ul style="list-style-type: none"> Starting at 11am Enjoy a fun-filled day on the tracks. 	<p>Aug 20th Escape Portal Gaming Lounge</p> <ul style="list-style-type: none"> Open from 2pm - 12pm Prices vary on time spent Receive a login and password so you can access your account each time you return 	<p>Aug 21st Pool @ Pot Black Cannington</p> <ul style="list-style-type: none"> Meet at 11am \$16 per hour per table hire, this will be split between participants evenly. Come join us and play some pool with your friends! 	<p>Aug 22nd Supa Golf Swan Valley</p> <ul style="list-style-type: none"> Open from 10am - 2:30pm Prices starting from \$16.50 concession (Companion Card Accepted) Choose between 9-18 holes Big clubs & bigger golf balls to make it easier. 	<p>Aug 23rd Timezone Midland</p> <ul style="list-style-type: none"> Open from 10am - 10pm Enjoy some arcade games at various prices you can upload onto your timezone card. Food court inside Midland Gate. 	<p>Aug 24th What Ability Annual Silent Disco Party</p> <ul style="list-style-type: none"> Meet at 5:30pm Location TBC \$30pp approx. Headphones, music, games, pizza & drinks available Appropriate for all ages 	<p>Aug 19th Bayswater Waves</p> <ul style="list-style-type: none"> Open from 7:30 - 7pm Prices from \$5.80 concession (Companion Card Accepted) Enjoy a swimming day at the Leisure Centre located in Morley.
<p>Aug 26th Adrenaline Vault</p> <ul style="list-style-type: none"> Open from 10am - 10pm \$21.00 concession (Companion Card Accepted) Located in Belmont Get active and partake in some rock climbing! 	<p>Aug 27th Perth Ice Arena</p> <ul style="list-style-type: none"> Open from 10am - 3pm \$23 for general entry, includes ice skates (Companion Card Accepted) Come and have fun with your friends in the cold ice rink! 	<p>Aug 28th Perth International Football Cup @ Optus Stadium</p> <ul style="list-style-type: none"> 6:15pm start time Manchester City v Leicester City Prices starting from \$20.40 concession (Companion Card Accepted) Tickets available on Ticketek.com 	<p>Aug 29th Mini Golf @ Matagarup</p> <ul style="list-style-type: none"> Open from 9am - 8pm Prices from \$20 concession (Companion Card Accepted) Enjoy a game of mini golf with a beautiful view of Optus Stadium and the Swan River 	<p>Aug 30th East Perth About Bike Hire</p> <ul style="list-style-type: none"> Open from 9am - 5pm Prices from \$8.00 (Companion Card Accepted) Hire a bike or pedal cart and ride along the Swan River 	<p>Aug 31st Lollipops Playland Ellenbrook</p> <ul style="list-style-type: none"> Open from 9am - 5pm \$13.90 (Companion Card Accepted) Cafe attached to buy food/lunch from. A safe space for the young ones to explore and have fun! 	