



East Region August Activity Planner

We can't wait to fill your July with smiles and fun! Check out our jam-packed activity schedule for the month and make a booking today to get the support you need.

*** Highlighted activities are planned activities**

Planned activities are typically scheduled in advance and involve preparation to ensure maximum participation. Join this activity if you would like to engage with other What Ability participants and their support workers for social interaction, learning, recreation, or developing your skills.

MON	TUE	WED	THU	FRI	SAT	SUN
Please remember, every day's activity is up to you! These are suggested activities for the day and we encourage you to talk			Aug 1st Caversham Wildlife Park <ul style="list-style-type: none"> Open from 9am - 4:30pm Prices from \$15.00 child and \$34.00 adults (Companion Card Accepted) Enjoy cuddling your favourite furry animals and even a ride on the tram! 	Aug 2nd Friday Night Bingo Cannington <ul style="list-style-type: none"> 7pm arrival, for 7:30 start 10pm finish Bingo books \$4, Raffle prizes ranging from \$1-\$4 Small canteen available for soft drinks, chocolates and chips. Participants welcomed BYO food. Prizes to be won! 	Aug 3rd Indoor Soccer @ Cannington Leisureplex <ul style="list-style-type: none"> 9:00am – 11:00am \$5.00 entry fee WADSA group 	Aug 4th What Ability Day @ WA Athletics Stadium <ul style="list-style-type: none"> 10am-12pm Come along to hang out with your friends, play alongside our What Ability Athletes in our activity zone and meet our key What Ability Support Workers. FREE event
Aug 5th STRIKE Bowling Carousel <ul style="list-style-type: none"> Open from 10am - 10pm \$10.00 for 1 game (Companion Card Accepted) Carousel Strike Bowling 	Aug 6th Paint n' Sip @ Kings Park <ul style="list-style-type: none"> Meet at 11am \$35pp All art equipment included by Canvas by Candlelight, charcuterie boards, snacks, & non alcoholic drinks also included 	Aug 7th Arcade Day @ Timezone Fremantle <ul style="list-style-type: none"> Meet at 11am Enjoy some arcade games at various prices you can upload onto your timezone card. BYO lunch or head out to a restaurant close by 	Aug 8th Escape Portal Cannington <ul style="list-style-type: none"> Meet at 12pm \$40.00 all day pass or \$17.00 for 3 hours play time Video Gaming Heaven! 	Aug 9th AQWA <ul style="list-style-type: none"> Meet at 10:30am \$26 concession entry (Companion Card Accepted) Walk through the tunnel and see all the sea life Explore touch pool \$10 additional glass bottom boat. 	Aug 10th AFL Fremantle v Geelong @ Optus Stadium <ul style="list-style-type: none"> 2:35pm bounce time Tickets available on Ticketmaster.com Prices starting from \$45 (Companion Card Accepted) 	Aug 11th What Ability TransPerth Day <ul style="list-style-type: none"> Spend the day on all the public transport Perth has to offer! Meet up with other participants and support workers at a central location for today and see where the day takes you.
Aug 12th Bounce Cannington <ul style="list-style-type: none"> Open from 9am - 7pm \$21.50 for one hour including bounce socks (Companion Card Accepted) Food facilities provided if needed 	Aug 13th Lumbar Punks Axe Throwing <ul style="list-style-type: none"> Meet at 11am \$50 (Companion Card Accepted) 1.5hr session including training and game time 18+ event only 	Aug 14th 4WD Day South (Location TBC) <ul style="list-style-type: none"> Starting at 11am Enjoy a fun-filled day on the tracks. 	Aug 15th Dungeons and Dragons <ul style="list-style-type: none"> Starting a group for a regular DND session! Central location so everyone can join! Grab lunch as a group afterwards! 	Aug 16th Perth Disability Connections Expo <ul style="list-style-type: none"> Opened from 10am - 4pm Entertainment zones providing art therapy, exercise and dance classes, hair braiding, balloon artists, face painters and jumping castles - loads of fun to be had! 	Aug 17th Wallabies v Springboks 2024 Rugby Championship <ul style="list-style-type: none"> 5:45pm start Tickets available on Ticketmaster.com Prices starting from \$39.90 concession (Companion Card Accepted) 	Aug 18th Morley Rollerdrome <ul style="list-style-type: none"> Open from 10am - 3:30pm \$15 for 1.5hr (all entry includes skate hire) Come and learn how to roller skate like a pro!
Aug 19th Adrenaline Vault <ul style="list-style-type: none"> Open from 10am - 10pm \$21.00 concession (Companion Card Accepted) Located in Belmont Get active and partake in some rock climbing! 	Aug 20th Movie Day @ Karrinyup HOYTS <ul style="list-style-type: none"> Meet at 10:30am \$21.50 Concession (Companion Card Accepted) Movie Choice TBC BYO lunch or choose from the variety of restaurants 	Aug 21st Social Table Tennis @ Willagee Community Centre <ul style="list-style-type: none"> Cost of \$3 Book via the website 12pm-2pm Enjoy a fun day socialising and playing a game of table tennis 	Aug 22nd Arcade Day @ Timezone Joondalup <ul style="list-style-type: none"> Meet at 11am Enjoy some arcade games at various prices you can upload onto your timezone card. BYO lunch or head out to a restaurant close by 	Aug 23rd Supa Golf Swan Valley <ul style="list-style-type: none"> Open from 10am - 2:30pm Prices starting from \$16.50 concession (Companion Card Accepted) Choose between 9-18 holes Big clubs & bigger golf balls to make it easier. 	Aug 24th What Ability Annual Silent Disco Party <ul style="list-style-type: none"> Meet at 5:30pm Location TBC \$30pp approx. Headphones, music, games, pizza & drinks available Appropriate for all ages 	Aug 19th Araluen Botanic Park Roleystone <ul style="list-style-type: none"> Open from 9am-5pm \$15 for Companion Card Deal (2 for 1) Roses, Tulips, Hydrangeas, autumn colour and internationally recognised Camellias can be found among the gardens
Aug 26th 4WD Day North @ Gnangara Off-road Area <ul style="list-style-type: none"> Starting at 11am Enjoy a fun-filled day on the tracks. 	Aug 27th Perth Ice Arena <ul style="list-style-type: none"> Open from 10am - 3pm \$23 for general entry, includes ice skates (Companion Card Accepted) Come and have fun with your friends in the cold ice rink! 	Aug 28th Perth International Football Cup @ Optus Stadium <ul style="list-style-type: none"> 6:15pm start time Manchester City v Leicester City Prices starting from \$20.40 concession (Companion Card Accepted) Tickets available on Ticketek.com 	Aug 29th Mini Golf @ Matagarup <ul style="list-style-type: none"> Open from 9am - 8pm Prices from \$20 concession (Companion Card Accepted) Enjoy a game of mini golf with a beautiful view of Optus Stadium and the Swan River 	Aug 30th Pool @ Pot Black Cannington <ul style="list-style-type: none"> Meet at 11am \$16 per hour per table hire, this will be split between participants evenly. Come join us and play some pool with your friends! 	Aug 31st Lollipops Playland Ellenbrook <ul style="list-style-type: none"> Open from 9am - 5pm \$13.90 (Companion Card Accepted) Cafe attached to buy food/lunch from. A safe space for the young ones to explore and have fun! 	