



East Region September Activity Planner

We can't wait to fill your September with smiles and fun! Check out our jam-packed activity schedule for the month and make a booking today to get the support you need.

*** Highlighted activities are planned activities**

Planned activities are typically scheduled in advance and involve preparation to ensure maximum participation. Join this activity if you would like to engage with other What Ability participants and their support workers for social interaction, learning, recreation, or developing your skills.

MON	TUE	WED	THU	FRI	SAT	SUN
						1st September Perth International Football Cup <ul style="list-style-type: none"> Play Off match: 2:05pm Cup Final match: 5:05pm Optus Stadium Tickets available @ Ticketek
2nd September Pool @ Pot Black Cannington <ul style="list-style-type: none"> Meet at 11:00am \$16 per hour per table hire, this will be split between participants evenly. Companion cards accepted. Come join us and play some pool with your friends! 	3rd September Araluen Tulip Festival <ul style="list-style-type: none"> Open 9am - 5pm Prices from \$15 concession (Companion Card Accepted) Hop of the trackless train around and explore the gardens for an extra \$10 per seat. 	4th September Caversham Wildlife Park <ul style="list-style-type: none"> Open from 9am - 4:30pm Prices from \$15.00 child and \$34.00 adults (Companion Card Accepted) Enjoy cuddling your favourite furry animals and even a ride on the tram! 	5th September Varsity Cannington <ul style="list-style-type: none"> Meeting time 11:00am Enjoy a burger at Perth's largest Varsity. Bowling alley attached for some healthy competition. \$15.00 for 1 game of bowling. 	6th September Op Shopping Extravaganza! <ul style="list-style-type: none"> Meet at Cannington for a 11 am start time Explore all the op shops along the Cannington strip with your friends. Head to the Carousel Shopping Centre afterwards and enjoy some lunch. 	7th September WBA World Minimum Weight Super Championship <ul style="list-style-type: none"> TBC Please express interest, and we will communicate if we can provide tickets Little Ravers: Perth <ul style="list-style-type: none"> TBC Please express interest, and we will communicate if we can provide tickets 	8th September Bayswater Waves <ul style="list-style-type: none"> 10:30am meeting time \$5.80 concession and accepts companion cards. Enjoy a swimming day at the Leisure Centre located in Morley.
9th September Power Play Bibra Lake <ul style="list-style-type: none"> 11:00am meeting time Located in Bibra Lake \$37.00 for 1 race and companion cards are accepted. Enjoy some great competition! 	10th September Paint by Numbers @ Hyde Park <ul style="list-style-type: none"> 10am onwards BYO lunch Brushes/paint will be supplied for the day Purchase canvases, or art supplies at Kmart prior to activity 	11th September Hairspray: The Musical <ul style="list-style-type: none"> TBC Please express interest, and we will communicate if we can provide tickets. 	12th September Movie Day @ Belmont Reading Cinema <ul style="list-style-type: none"> Meet @ cinema at your chosen movie time. \$16.70 and accepts companion cards. Bring \$ to enjoy some popcorn during your movie. 	13th September Friday Night Bingo Cannington <ul style="list-style-type: none"> 7pm arrival, 7:30 start, 10pm finish Bingo books \$4, Raffle prizes ranging from \$1-\$4 Small canteen available for soft drinks, chocolates and chips. Participants welcomed BYO food. Prizes to be won! 	14th September Mini Golf @ Matagarup <ul style="list-style-type: none"> Meeting time 10:30 am Prices from \$20 concession (Companion Card Accepted) Enjoy a game of mini golf with a beautiful view of Optus Stadium and the Swan River. 	15th September XLR8 - Obstacle Course (Baldivis) <ul style="list-style-type: none"> Event from 2pm - 4pm Prices from \$70.84 for 1 child & 1 adult Tickets on sale from 22/08/2024 on eventbrite.com
16th September Arcade Day @ Timezone Midland <ul style="list-style-type: none"> Meet 10:30/11:00 am Enjoy some arcade games at various prices you can upload onto your timezone card. Food court inside Midland Gate to grab lunch from. 	17th September All Abilities Tai Chi <ul style="list-style-type: none"> 1:00 - 2:00 pm FREE Willagee Community Centre Come and learn some new skills and embrace your inner warrior. 	18th September All Abilities Pilates <ul style="list-style-type: none"> 9:15 - 10:15 am FREE Willagee Community Centre Gain flexibility and strength through the beauty of pilates. 	19th September Hijinx Hotel <ul style="list-style-type: none"> Meeting time 10:30 am \$27.00 - 29.00 for 5 challenge rooms. Bring your A game and compete in some fun games!! Shopping centre attached if participants would like to grab food after. 	20th September 4WD Day South @ Mundaring Powerlines <ul style="list-style-type: none"> Starting at 11am Enjoy a fun-filled day on the tracks. Go enjoy a picnic close-by with the group afterwards, socialise and the perfect time to make friends! Hoopsfest: NBL/WNBL Double Header <ul style="list-style-type: none"> TBC Please express interest, and we will communicate if we can provide tickets 	21st September School Holidays JetSki Day <ul style="list-style-type: none"> Meet at 11am @ Deep Water Point BBQ and lawn games provided Come hop on the JetSki, go biscuiting and make some friends for the day! 	22nd September What Ability GoKarting Tournament <ul style="list-style-type: none"> Meet at either Powerplay Bibra Lake or Joondalup at 11:30am Record your quickest lap time and let's see who is the What Ability Perth GoKarting champion!
23rd September Adventure World <ul style="list-style-type: none"> TBC Please express interest, and we will communicate if we can provide tickets Feel free to purchase own tickets to secure your spot 	24th September Gotta Catch 'Em All: What Ability Pokemon GO Tournament <ul style="list-style-type: none"> Event from 11am - 2pm Meeting point will be Kings Park Explore the City of Perth and record all the pokemons you catch. Whoever catches the most wins! 	25th September What Ability All-Abilities School Holiday's Sports Program <ul style="list-style-type: none"> Time & Location TBC We have Volleyball WA running a day of fun with us! More details to come 	26th September What Ability All-Abilities School Holiday's Sports Program <ul style="list-style-type: none"> Time & Location TBC Come and hang out with your friends, learn some skills and play a mixture of indoor sports with us! Options for indoor soccer, basketball & cricket. 	27th September What Ability All-Abilities School Holiday's Sports Program <ul style="list-style-type: none"> Time & Location TBC Come and hang out with your friends, learn some skills and play some wheelchair footy with us! Wear your favourite AFL team's colours!! Perth Wildcats v Sydney Kings <ul style="list-style-type: none"> TBC Please express interest, and we will communicate if we can provide tickets 	28th September Perth Royal Show <ul style="list-style-type: none"> TBC Please express interest, and we will communicate if we can provide tickets Feel free to purchase own tickets to secure your spot Listen Out Festival <ul style="list-style-type: none"> TBC Please express interest, and we will communicate if we can provide tickets 	29th September Pixel Expo: Act III <ul style="list-style-type: none"> TBC Please express interest, and we will communicate if we can provide tickets
30th September Girls Day Out: Pamper Session <ul style="list-style-type: none"> Meet at 11am Meet at Trigg Beach for a pamper session Hair braiding, face masks, nail painting and more! 	31st September STRIKE Bowling Carousel <ul style="list-style-type: none"> Open from 10am - 10pm \$10.00 for 1 game (Companion Card Accepted) Have some fun and count how many strikes you get! 				<p>Please remember, every day's activity is up to you! These are suggested activities and we encourage you to speak to your support worker and regional manager for more information.</p>	