



Western Sydney February Activity Planner

We can't wait to fill your December with smiles and fun! Check out our jam-packed activity schedule for the month and make a booking today to get the support you need.

*** Highlighted activities are planned activities**

Planned activities are typically scheduled in advance and involve preparation to ensure maximum participation. Join this activity if you would like to engage with other What Ability participants and their support workers for social interaction, learning, recreation, or developing your skills.

MON	TUE	WED	THU	FRI	SAT	SUN
<p>Please remember, every day's activity is up to you! These are suggested activities for the day and we encourage you to talk with your support worker to plan the day as it comes up.</p>						<p>1st February Day trip to Alpaca Experience @ Central Coast - Hand feed the animals and learn facts about Alpacas - Located at Madison's Mountain Retreat - \$27.50 for 1hr - Book in advance</p>
<p>3rd February Raging Waters - Bring a companion card to be eligible for a \$43.99 entry and 1 SW free entry - Water slides, racers, wave pool, lagoon everything you need for a day of fun in the sun!</p>	<p>4th February Strike Fun - Spend a few hours at Strike Bowling Castle Towers - Bowling, Karaoke, Escape Rooms, Mini Golf - Head to the food court for lunch</p>	<p>5th February Flipout followed by Inflatable world @ Villawood flip out \$20 for an hour of jumping fun - Inflatable world Peakhurst - 1/707 Forest Road, Peakhurst NSW 221</p>	<p>6th February Waves Aquatic Centre - NO CASH VENUE - Splash pad area - Indoor & outdoor pools - Cafe and food</p>	<p>7th February Yarramundi Reserve Swim Day - Natural swim sport at Yarramundi Reserve - Shallow water and sand to cool off and play around in - Bring sunscreen and lunch</p>	<p>8th February Australian Reptile Park @ Kariong (Day Trip!) - Look at the animals - Daily shows - Open 9am to 5pm - \$32 child > 15yrs & \$45 concession *online prices - Purchase tickets online prior</p>	<p>9th February Ultimate Family Entertainment Centre @ 5/1B Redbank rd Northmead - Trampolines, foam pit, slides, bumper cars - Cafe or bring own food * Hot tip: Book in advance to reserve a time</p>
<p>10th February Aquatic Centre Fun @ Sydney Olympic Park - Visit the pools to cool off during summer and have a dip in the pools and fun water splash park - \$7 entry</p>	<p>11th February Centennial Park Day - Support workers to organise group & a meet up spot - https://www.centennialparklands.com.au/visit/maps#/ - Bring your own food & smiles. Feed the geese & stroll the beautiful grounds Bring the footies & soccer balls, there are a few playgrounds to enjoy</p>	<p>12th February Yo-Chi at Manly - Enjoy a DIY frozen yoghurt bowl followed by a stroll along the beach or a dip in the ocean. - Bring swimmers, a towel and sunscreen! - Many other cafes to choose from</p>	<p>13th February Shine Shed Day @ NORTH WEST CENTRE - An all abilities and inclusive play centre - A cafe available or participants can bring lunch - Book online in advance, 1hr for \$18 or 2hrs for \$30</p>	<p>14th February Arts and Crafts in the Park @ Blaxland Riverside Park - Play, socialise and get creative - A Valentines themed activity, eg- paint love heart magnets/trinkets or vases for participants to take home or gift - SW to organise pick up of supplies from a kmart prior</p>	<p>15th February The Climbing Centre @ 3/16-24 Borec Rd, Penrith - Indoor rock climbing - No booking required - Open from 10am - \$28 for entry and harness</p>	<p>16th February Aquatopia water park @ Prairiewood leisure centre Western Sydney - Giant slides, waves pools, activities and more - 11am-4pm - \$20 entry for the day of fun - Must book prior!</p>
<p>17th February House of WOW @ Prestons - Hours of fun available at Monkey Mania, Hyper Strike, Turbo Climb, Arcade Alley</p>	<p>18th February Museum of Fire - Calling all fire truck lovers - Explore the Museum of Fire Penrith, and learn about the world of fire and firefighting</p>	<p>19th February Bush Walk @ Bidjigal Reserve Platypus track - Great walk for all abilities - Experience nature and wildlife</p>	<p>20th February Beach Day @ Chinamans Beach - A calm beach making a great spot for a relaxed swim and a splash about. - Bring a packed lunch for a picnic - "SLIP, SLOP SLAP!"</p>	<p>21st February Movie Day @ Event Cinemas Top Ryde - Escape the heat and recline in comfort with the latest movie - SWs to organise movie and time</p>	<p>22nd February Parklea Markets 8:30am -4pm @ 601 Sunnyholt Road, Parklea - Biggest markets in the west - Showcasing food, fashion, fresh flowers, toys, jewellery, plants, the list goes on</p>	<p>23rd February Auburn Botanical Gardens BBQ - Team lead to organise group BBQ at the community picnic area - Playgrounds and gardens to explore</p>
<p>24th February Bounce @ Homebush - Lots of trampolines - Obstacle course - Little kids area with ball pit - \$17 entry, SW free but can't bounce</p>	<p>25th February Ninja Parc - @ South Granville - Swing, jump and climb your way through the day - Book online in advance to secure your time slot! - Ages 6yrs > \$16.95</p>	<p>26th February Catch the ferry to Circular Quay - Jump on the ferry from Rydalmere. Take a stroll around the harbour, maybe sit on the iconic Opera House stairs & help yourselves to some of the many food/activity options the city has to offer!</p>	<p>27th February Sensory Activity Centre @ Share My Ability, Jamieson - Interactive equipment - Inflatable bag jump - Sensory relax room - Wheelchair friendly, Liberty Swing - Climbing wall - 1hr of play for \$21.50 - BOOKINGS ARE ESSENTIAL</p>	<p>28th February Calmsley Hill City Farm - An interactive farm experience, hand feed the nursery animals and watch the daily shows! - Take a ride in the tractor train (additional \$4.00 pp) - Free carer entry for 1:1 & valid companion card, child entry \$17 & adult \$27.50 - Animal feed bags for \$2.50</p>		