



Western Sydney January Activity Planner

We can't wait to fill your January with smiles and fun! Check out our jam-packed activity schedule for the month and make a booking today to get the support you need.

*** Highlighted activities are planned activities**

Planned activities are typically scheduled in advance and involve preparation to ensure maximum participation. Join this activity if you would like to engage with other What Ability participants and their support workers for social interaction, learning, recreation, or developing your skills.

MON	TUE	WED	THU	FRI	SAT	SUN
<p>Please remember, every day's activity is up to you! These are suggested activities and we encourage you to speak to your support worker and regional manager for more information.</p>		<p>1st January Ultimate Family Entertainment Centre - @ 5/1B Redbank rd Northmead - Trampolines, foam pit, slides, bumper cars - Cafe or bring own food *Hot tip: Book in advance to reserve a time</p>	<p>2nd January Park Meet up - @ Plough and Harrow Park, Western Sydney Parklands - Support workers to organise a group of people to come - Everyone can bring their lunch, bring footy's, basketballs, speakers for music and hang out!</p>	<p>3rd January Coastal Walk - @ North Curl curl to Freshwater - Enjoy a relaxing scenic walk to a lookout - Many amazing views along the way - Bring swimmers to cool off with a dip in the rock pool and finish off with some lunch from a nearby cafe</p>	<p>4th January Featherdale Sydney Wildlife Park - Lots of Aussie animals and birds, you can feed Kangaroos, Wallabies and Pademelons throughout the day - Animal presentations such as pelicans, penguin, echidna, bilbies and ghost bats, dingo and croc feeding - Child \$28, Concession \$40 *Book online ASAP for 10% off</p>	<p>5th January Park BBQ meetup - @ Bronte Park - TEAM LEAD TO ORGANISE: cooking sausages on the BBQ - SWs to confirm in the group chat before going!! - Bring towels, swimmers, footys and good vibes. Kick the footy on the grass, have a bbq lunch and splash around in the waves or swim in the ocean bath!</p>
<p>6th January Painting in the park - @ Blaxlands Riverside park - SWs and participants to buy painting kit supplies from Kmart - Enjoy the sunshine while painting, have a play on the playground.</p>	<p>7th January Aquatopia water park - @ Prairiewood leisure centre Western Sydney (Must book prior!) - Giant slides, waves pools, activities and more - \$20 entry for the day of fun</p>	<p>8th January Flipout - @ Villawood - \$20 for an hour of jumping Or 2hrs for \$28</p>	<p>9th January Aquatic Center fun - @ Sydney Olympic Aquatic Center Pools, water playground, slides, spas/saunas</p>	<p>10th January Livvy's place Park Day - @ Five Dock - Massive playground, flying fox, swings and more - Cafe onsite</p>	<p>11th January Ferry Day - Get the ferry from Rydalmere to the city - Explore the city - Take a walk in the botanical gardens</p>	<p>12th January Ice Skating! - @ Macquarie Centre - Beat the heat and get out on the ice - Book in session on line</p>
<p>13th January Catmosphere Cat Cafe @ Surrey Hills - Calling all cat lovers! Enjoy a complimentary soft drink or hot tea in the company of cute, friendly kittens - Entry \$26 for 40-50 mins, companion card grants free entry for SW - Book online to secure a time, must be >5yrs NOTE Kittyland is the only wheelchair accessible experience.</p>	<p>14th January Bowling and Laser Tag - @ Strike bowling at Castle Hill - Support workers to communicate on group chat and organise time to book - Companion card \$10 - bowling & Laser Tag: \$12 - \$16</p>	<p>15th January Shine Shed Day - @ NORTH WEST CENTRE - An all abilities and inclusive play centre - A cafe available or participants can bring lunch - Book online in advance - 1hr for \$18 or 2hrs for \$30</p>	<p>16th January Balmoral Beach hangout and swim! - Playground - Swimming in the netted ocean pool which has a Jetty - Bring your lunch/food or cafe available - Don't forget your sunscreen!</p>	<p>17th January Bounce - @ Homebush - Lots of trampolines - Obstacle course - Little kids area with ball pit - \$17 entry, SW free but can't bounce</p>	<p>18th January Bungaribee Park Afternoon - Massive open park - Two sealed tracks fantastic for cycling and walking - Award winning playground - Slides, swings, flying foxes and water play</p>	<p>19th January Taronga Zoo Activity - Support workers to use group chat and organise for a group to meet up - ONLINE PRICE: \$35.10</p>
<p>20th January Blue Mountains Day Trip - Visit the Blue Mountains Botanical Gardens - Guided walking tours Explore Nature and the history behind the land - Cafes and restaurants nearby to grab some lunch</p>	<p>21st January Jet Ski Day! - @ Brighton-Le-Sands - Meeting time TBC, please communicate attendance in group chat prior! - Enjoy a day out at the beach and have ride on the jet ski - Bring a packed lunch for a picnic or \$ as there are plenty of cafes nearby - Waivers must be signed before attending, please reach out to your RM to sign our form!</p>	<p>22nd January The Bay Walk @ Drummoyne - Take a stroll around the bay, awesome views at every point - Head to Birkenhead point for lunch afterwards and pop in to the office to say hi to the crew!</p>	<p>23rd January Jamberoo Day - Slides, rides, pools, so much fun! - Companion card rate \$50 pp - Support workers to organise a group of people to all come together for the day. - Bring food or buy it!</p>	<p>24th January Aqua Golf Penrith - Hire club and balls - \$10 for a bucket of balls - Located back of Panthers Penrith - Free parking</p>	<p>25th January Archie Brothers - @ Penrith - 1 hour card for \$10, with a companion card & option to play bowling (additional cost) - Cafe available inside</p>	<p>26th January Ocean pool hangout - @ Clovelly Beach, a large ocean pool but with sand! - A ramp provides easier access to enjoy the calm water. Bring towels, snorkels and sunscreen! Cafe and change rooms.</p>
<p>27th January Movie Day - @ Event Cinemas Parramatta - Escape the heat and recline in comfort with the latest movie -SWs to organise movie and time</p>	<p>28th January Calmsley Hill City Farm - An interactive farm experience, hand feed the nursery animals and watch the daily shows! - Take a ride in the tractor train (additional \$4.00 pp) Animal feed bags for \$2.50 -Free carer entry for 1:1 & valid companion card, child Entry \$17 & Adult \$27.50</p>	<p>29th January Breakfast and Play - Head to the Container for breakfast - Followed by Ultimate Family Entertainment Centre - Trampolines, foam pit, slides, bumper cars * Hot tip: Book in advance to reserve a time</p>	<p>30th January Cables Aqua Park - Inflatable slides, runways & jumping pillows - Ages 5+, must be able to swim - 50 min session for \$30 in store OR SAVE MONEY by signing a waiver and book online in advance for \$26!</p>	<p>31st January Shine Shed Day - @ SOUTH WEST CENTRE - An all abilities and inclusive play centre - A cafe available or participants can bring lunch - Book online in advance - 1hr for \$18 or 2hrs for \$30</p>		