



Sydney March Activity Planner

We can't wait to fill your March with smiles and fun! Check out our activity schedule for the month and make a booking today to get the support you need. Our Planned activities below are typically scheduled in advance and involve preparation to ensure maximum participation. Reach out to your Regional Manager to this activity if you would like to engage with other What Ability participants and their support workers for social interaction, learning, recreation, or developing your skills.

MON	TUE	WED	THU	FRI	SAT	SUN
Please remember, every day's activity is up to you! These are suggested activities and we encourage you to speak to your support worker and Regional Manager for more information.						2nd Chinese Garden of Friendship @Darling Harbour - Meet 10:30am for a tranquil retreat in the middle of the city to explore with friends! - Support workers to use group chat and organise for a group to meet up - Cost: \$12 Adult, \$8 Child (under 12*) and \$8 Concession
	4th National Pancake Day - Meet at the Container Cafe for brunch or a coffee, 10:30am start - Catch up with other participants and their support workers to decide which activity to do next!		6th Coastal Walk - @ Bronte to Bondi - Meet 2pm - Enjoy a relaxing scenic walk to a lookout - Many amazing views along the way - Bring swimmers to cool off with a dip in the ocean or Bronte baths and finish off with some lunch from a nearby cafe		8th Waratahs game - FREE ticket for you and your support worker thanks to What Ability Foundation - RSVP here essential before 1 March to secure your ticket/s - 5:05pm and 7:35pm kick off (Double Headers), NSW Waratahs V WF	
10th Bowling @ Castle Towers - \$10 with a companion card - Meet at 11am, Strike Castle Towers - Parking in shopping centre, first 3 hours are free		12th Centennial Park Day - Meet 11am - Support workers to organise group & a meet up spot - https://www.centennialparklands.com.au/visit/maps/ - Bring your own food & smiles. Feed the geese & stroll the beautiful grounds. Remember to bring the footies & soccer balls, or hire bikes for a ride!	13th Arts and Crafts in the Park @ Blaxland Riverside Park - Meet 11am - Play, socialise and get creative - SW to organise pick up of supplies from a Kmart prior			
	18th Water Day @ Brighton Le Sands - Meeting time 10:30/11:00 am - Enjoy a ride on the jetski! Bring down your own sports gear and board games to enjoy while you wait.			21st City Walk - @ The Rocks History Walking Tour - Support workers to organise group & a meet up spot - Daily tours at 10:30AM & 1:30PM - Cost \$40 (17+), \$20 (5-16) - Explore the history of Sydney as you stroll the shoreline of Sydney Harbour	22nd Aquatopia - @ Prairiewood Leisure Centre - RSVP before Feb 26 to unlock this activity with What Ability Foundation - Splash around on the 10 and 20 metre high giant slides; the adventure aqua tower and the new, gigantic 55-metre Wave Pool. - Online ticket cost: \$20	
24th Bounce @ Homebush - Meet 4pm - Lots of trampolines - Obstacle course - Little kids area with ball pit - Cost: \$17 entry, SW free but can't bounce	25th Ladies Morning Tea @ Mount Annan Botanic Gardens - Meeting time @ 10:00/10:30am - Bring your own blankets, snacks and drinks. Enjoy a picnic with friends, stroll around the beautiful formal gardens and even go for a drive around the conserved bushlands.			28th Sydney Zoo @Bungarribee - Meet 11am - Explore Sydney's most accessible zoo! - All tickets include unlimited FREE parking - Recommend booking online - Day Pass Cost: \$45 Adult, \$20 Child (3-15). Companion cards accepted		